

Grant County 4-H Skill Sheet

Name _____ Grade (as of last January) _____

Club _____ Years in 4-H _____

1. What was your favorite project this year and why?

2. What was your most challenging project this year, and why?

3. What is the most important thing you learned this year in 4-H?

Please circle the life skills you have learned or improved this year in 4-H.

RELATING	CARING	GIVING	WORKING	BEING	LIVING	THINKING	MANAGING
Communication	Concern for Others	Community Service & Volunteering	Marketable Skills	Self Esteem	Healthy Lifestyle Choices	Learning to Learn	Goal Setting
Cooperation	Empathy	Leadership	Teamwork	Self-Responsibility	Stress Management	Decision Making	Planning / Organizing
Social Skills	Sharing	Responsible Citizen ship	Self-Motivation	Character	Disease Prevention	Problem Solving	Wise Use of Resources
Conflict Resolution	Nurturing Relationships	Contributions to Group Effort		Managing Feelings	Personal Safety	Critical Thinking	Keeping Records
Accepting Differences				Self-Discipline		Service Learning	Resiliency

Please list (2) life skills you worked on the most and how you improved those life skills this year.

Life Skill #1 _____

How you improved:

Life Skill #2 _____

How you improved:

_____ Yes _____ No - I give my permission to use comments from this form in literature to promote 4-H

4-H Member Signature

Date

Parent/Guardian Signature

Date

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