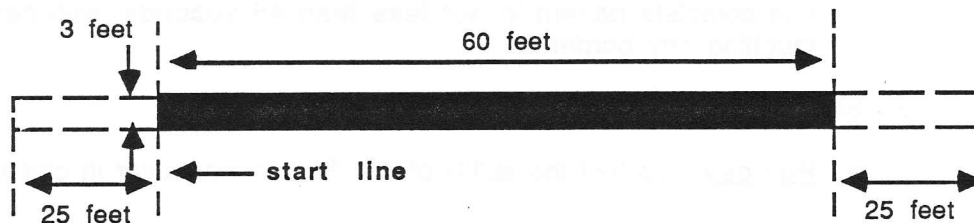


b. Diagram -

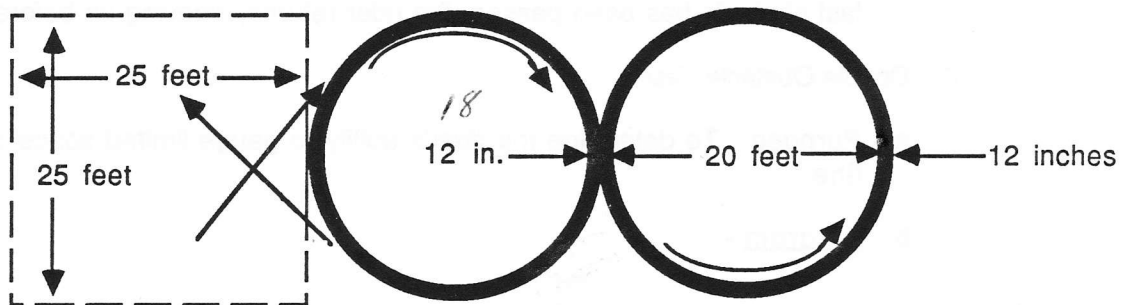


c. Procedure - The rider starts from a standstill with the front wheel on the "start" line and rides very slowly through the lane in **not less than 30 seconds**, with neither tire touching the lines on either side.

3. Figure Eight Steering

a. Purpose - To evaluate the rider's ability in steering and balance.

b. Diagram -

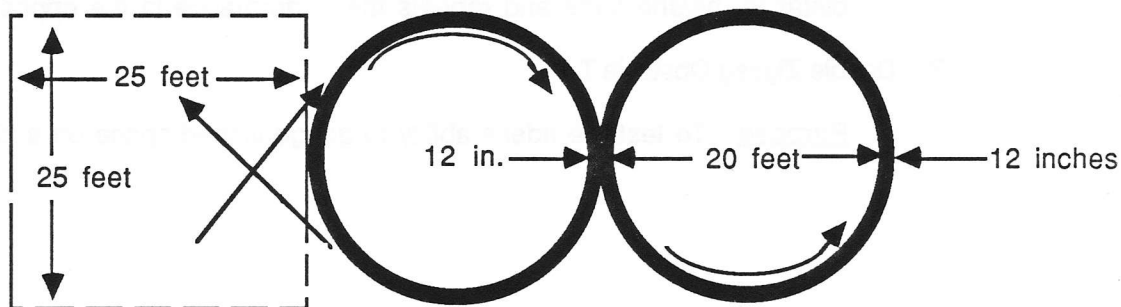


c. Procedure - The rider takes a moving start with both hands on the handlebars and makes **three** complete figure eights.

4. Figure Eight Balance Test

a. Purpose - To test the delicate balance of the rider on the figure eight.

b. Diagram -

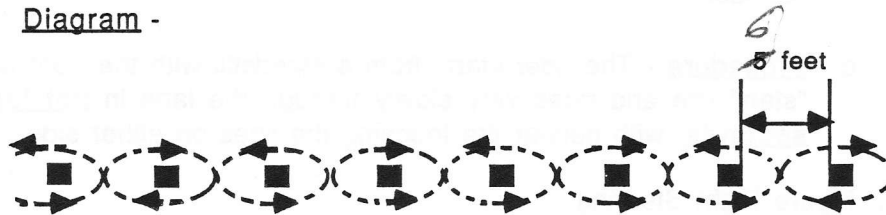


- c. Procedure - The rider starts from a standstill at a designated point in the figure eight, and rides very slowly in the lane through the figure eight making one complete pattern in **not less than 45 seconds**, with neither wheel touching any borderline.

5. Single Obstacle Test

- a. Purpose - To test the ability of the rider to maneuver in close quarters.

- b. Diagram -

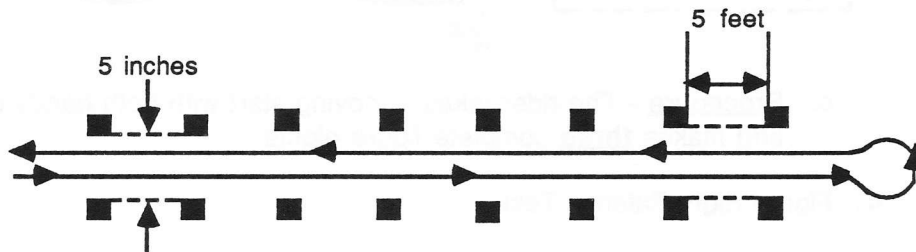


- c. Procedure - The rider starts from a position behind the course so that balance is secured before the first obstacle is reached. The rider passes the first obstacle on the right and follows a serpentine course among the rest. When the last obstacle has been passed, the rider returns, weaving as before.

6. Double Obstacle Test

- a. Purpose - To determine the rider's ability to gauge limited space on a straight line.

- b. Diagram -

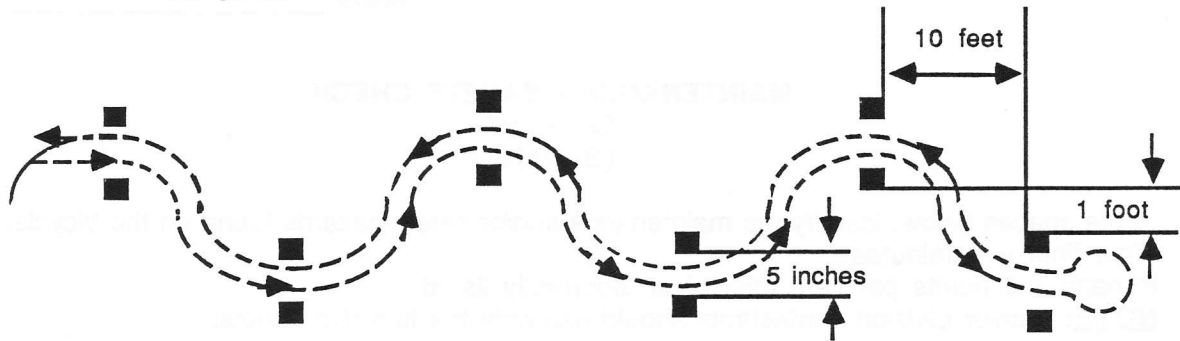


- c. Procedure - From a riding start, the rider maneuvers slowly between the pairs of obstacles without touching any. When the rider has gone the entire distance, he/she turns and repeats the performance in the opposite direction.

7. Double Zigzag Obstacle Test

- a. Purpose - To test the rider's ability to gauge limited space on a zigzag line.

b. Diagram -



- c. Procedure - From a riding start, the bicyclist zigzags at a slow rate of speed between the pairs of obstacles without touching any obstacle. When the rider has traveled the entire distance, he/she turns and repeats the performance in the opposite direction.