

MICROWAVE COOKING

(Not a State Fair Exhibit)

EXHIBIT: Each level must complete 2 activities in the Microwave Foods Manual along with the achievement record in the front of the manual. Listed below is the food item to be exhibited.

LEVEL A

Grade 3: Microwave Snack – display in a ziplock bag or disposable container.

Grade 4: Fudge – 6 pieces displayed on a paper plate or disposable tray.

LEVEL B

Grade 5: Bar Cookies or Brownies – 6 pieces displayed on a paper plate or disposable tray.

Grade 6: Upside Down Cake – displayed on a paper plate or disposable tray.

LEVEL C

Grade 7: Fruit Crisp – displayed in a disposable pan or container.

Grade 8: Coffee Cake – displayed in a disposable pan or container.

Grade 9: Candy – 6 pieces displayed on a paper plate or disposable tray.

LEVEL D

Grade 10: Double Layer or Bundt Cake – displayed on a disposable plate or disposable tray.

Grade 11: Pie – displayed in a disposable pie plate.

Grade 12: Jam or Jelly – displayed in a glass or heavy plastic jar.

NOTE: ALL EXHIBITS MUST HAVE A 5” x 8” RECIPE CARD ATTACHED.

DISPOSABLE PANS MAY BE SET INSIDE A NON-DISPOSABLE PAN TO BE BROUGHT TO THE FAIR. THEY MUST BE EXHIBITED IN A DISPOSABLE PAN FOR JUDGING.