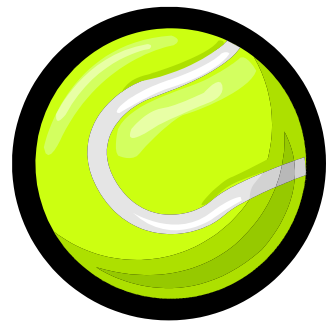
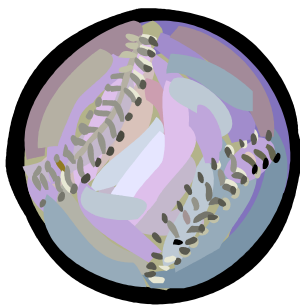


4-H Sports Project



Updated October 2014

JACKSON COUNTY 4-H SPORTS PROJECT

1. The record sheet must be signed by the 4-H leader, parent or coach and included in your green achievement folder.
2. Objectives of the Sports Project:
 1. Learn basic skills of the sport.
 2. Learn safety rules of the sport.
 3. Practice good sportsmanship.
 4. Have fun learning and participating in the sport.
3. How to participate in the Sports Project:

Participate actively with any organized team in the county.
4. Exhibit: 1 Sports Notebook or Poster - see page 2 for details.

Exhibits will be divided according to the grade of the exhibitor as follows:

Beginners - Grades 3 - 5

Intermediate - Grades 6 - 8

Advanced - Grades 9 - 12

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.

THE PROJECT - What You Will Do:

1. Choose one sport you enjoy.
2. Learn what the basic skills are for your particular sport.
3. Determine what your skill level is for each of the basic skills:
Basic Beginner, Beginner, Intermediate, Advanced, Skilled.
4. Determine what skills you want to learn or want to improve and list them on the record sheets before you begin your project.
5. Begin to learn the skills you have determined you want to learn. You may want to ask your parents, friends, neighbors, or coach to help you.
6. Before you turn in your Sports Project Book or Poster be sure to complete the record sheet.
7. All Divisions will exhibit at fair time one sports notebook or poster with a one page report on topics as stated for each year. If doing a notebook, pictures should not be included on the report page but may be used to emphasize the report. (Limit pictures to 4 pages fronts only. Do not add any extra pages.)
Topics for each age group are as follows:

(For Notebooks: Use some sort of divider to separate current year's project from preceding years.)

Grades 3-5 - Choose one topic per year (do not repeat topics.)

1. Rules
2. Equipment
3. Your participation.

Grades 6-8 - Choose one topic per year (do not repeat topics.)

1. Favorite person
2. History
3. Preparation or warm up

Grades 9-12 - Choose one topic per year (do not repeat topics.)

1. Special skills or techniques
2. Officiating
3. Exercise value and health benefits
4. Teaching someone else

You may use pictures from printed matter, photographs, original art work, etc. to put in your notebook or on your poster. This would be in addition to the one page report. Be sure to label each illustration appropriately.

Exhibit will be judged on:

- I. Accuracy of information 60 points
- II. Suitability of materials used 20 points
- III. Showmanship 20 points
 - 1. Neatness
 - 2. Cleanliness
 - 3. Labels easily read

4-H SPORTS PROJECT RECORD SHEET

Name _____ Grade _____

Address _____

Name of Club _____

Name of Sport _____

(To be filled out before you begin the sport)

Basic skills I would like to learn.

1. _____

2. _____

3. _____

4. _____

5. _____

Did you give a demonstration on sports at your 4-H Club: _____

If yes, on what? _____

Did you teach someone else how to play your sport? _____

If yes, who? _____

What did you teach them? _____

I feel that my skill level in the sport is that of: (circle one)

Basic Beginner Beginner Intermediate Advanced Skilled

Please use your own judgement as to what skill level you think you are.

(over)

(To be filled out just prior to the fair.)

Basic skills I learned this year.

1. _____
2. _____
3. _____
4. _____
5. _____

Did you enjoy participating in this sport? _____

If yes, why? _____

If no, why? _____

What other sports would you like to learn?

Do you plan to continue to learn new skills for your sport? _____

If yes, what skills? _____

Did you show good sportsmanship while playing your sport? _____

How? _____

List three safety rules to remember while playing your sport:

1. _____
2. _____
3. _____

I believe the above record is accurate.

4-H Leader, Parent, or Coach

Date