

Creating TeRRiFiC Youth

RESPECT

Respect Guidelines to Live By:

- Treat others the way you want to be treated. Follow the Golden Rule.
- Use good manners. Be courteous and polite.
- Be considerate of the feelings of others.
- Accept others without prejudice.
- Show respect for your surroundings. Do Not litter.



Golden Rule

Think about some ways that other people make us feel special. The list might include:

- Be nice to me.
- Let me go first.
- Play with me.
- Share toys with me.

Discuss:

- The Golden Rule: Treat others the way you want them to treat you.
- Look for ways to make others feel special.

Quote

"Respect is learned, earned and returned."
Anonymous

Which of these Examples Shows Respect?

Yes No During dinner you want the salt and pepper. Everyone is busy talking so you reach across the table and take it.

Yes No Your mom has her arms full so you hold the door open for her.

Yes No There are 6 people who want to play basketball and only 1 basketball. You decide to share and take turns while playing a game of "Horse".

Yes No You tell your Grandma thank you for the gift she gave you for your birthday.

Yes No You cut in line at the movies.



Respect Activity

Gossip

Have you played the game "telephone" or "gossip"? Have everyone get in a circle. Then, whisper a sentence in the ear of the person on your right. They whisper the same phrase to the person on their right. This continues until you get back to the person who started.

Discussion Points:

- What was the sentence at the end? What was the sentence at the beginning?
- Why aren't the sentences the same?
- This is why you shouldn't gossip or tell secrets. Most times sentences change as they are shared.
- It is important to listen closely to others when they talk so that you hear exactly what they are saying.
- If you miss part of the conversation, ask the person to repeat it.

Another "hands-on" way to discuss gossip is to go outside with your family and sit in an open area. You will need a bag of feathers. Ask one of the children to scatter the feathers. Then, tell them the feathers are like gossip or talking behind someone's back. Hopefully it is a slightly windy day to scatter the feathers a little.

- As the feathers scatter, discuss how this is similar to gossip spreading – even though we ask others not to tell, the gossip seems to spread.
- Now tell your children to collect the feathers. Is it easy to gather up all of the feathers? This is similar to trying to retrieve unkind words that have been tossed about. While it is easy to spread rumors, it is difficult to undo the damage.

Books to Read



- "The Story of Ferdinand" - By Munro Leaf.
- "The Berenstain Bears Forget Their Manners" - By Stan and Jan Berenstain.
- "I Hate My Brother" - By Crescent Dragonwagon.



Extension - 4-H Youth
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For Other TeRRiFiC Youth Fact Sheets / Activities, contact:
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