

# BAKING FOR FUN

## ***Rules and Requirements***

1. 4-H'er may exhibit in one or all the categories, REGARDLESS OF AGE OR GRADE.
2. State Health Rules will be followed—THEREFORE, "Fillings, frosting, glazing, pie filling, and meringue whether uncooked or cooked **ARE NOT PERMITTED** to contain cream cheese, whipped cream, un-pasteurized milk or eggs/egg white (pasteurized eggs or egg cooked to 160 degrees may be used). **HOME-CANNED** fruits, vegetables, or meats are not permitted in products. **RECIPES MUST BE PROVIDED** that show which ingredients were used in each part of the product. Contestants should carefully wash their hands and make sure that their hands **DO NOT HAVE** any open cuts before preparing foods. Whenever possible, baked products should be transported and stored in chilled coolers (41 degrees F)."
3. The recipe is to be exhibited with the exhibit. Place your **name, club, and category on the recipe card.**
4. If exhibiting in the **CREATING WITH A MIX**, underline the two or more ingredients added to create the product. Remove the box label that shows the original preparation of the food. Attach it to an 8 ½" x 11" sheet of paper and attach the recipe card.
5. THERE IS NO STATE FAIR ENTRY IN THIS PROJECT

## **Categories:**

1. **Creating With A Mix or Ready Made Ingredient**-must have added 2 or more ingredients to the original product.
2. **Cookies from Scratch**-includes Brownies, Bar Cookies, Pressed Cookies, Drop Cookies, or Molded Cookies-Exhibit 12 cookies
3. **Quick Breads or Muffins from Scratch**-Exhibit 12 muffins, 1 loaf of bread, 12 biscuits
4. **Yeast Products from Scratch**-Exhibit 12 yeast rolls, other yeast products exhibit entire product
5. **Cakes from Scratch**-icing must be from scratch if used. Exhibit whole cake
6. **Pies from Scratch**-must be non-perishable. Pie pan will not be returned. Exhibit whole pie
7. **Bread Machine from Start to Finish**-exhibit whole loaf
8. **Bake with Honey**-exhibit any item listed above using honey as at least 50% of the sweetener.
9. **Diabetic Friendly**-exhibit any item above using the appropriate substitutions.

Each category should be a separate 'project' on your Vermillion County Record Sheet.