



PUPPY PILLOWS

These pillows are given to pediatric patients in the Recovery Room after surgery.

SEWING AND ASSEMBLING PILLOWS (allow ½ inch seam allowance)

Select a firm material: sport cloth, duck, or medium weight cotton.

A print for back of the head and ears adds to the individuality of the pillow.

The front or face and ears of the pillow are done in a plain material (white or light color}.

Stuffing is to be done with 100% Pure Polyester. It is washable, non-allergic, easy to use and safe. A 1 pound bag will stuff 3 to 4 pillows.

1. Cut materials from enclosed patterns for ears and head.
2 for each ear
1 for back of head (use any cheerful print for boys and girls) (keep in mind that the majority of patients are boys)
1 for the face from plain fabric
2. Sew the front and back of each ear together, right sides facing. Leave an opening at the bottom.

Turn right-side out and stuff.

3. Features on face. – Use permanent markers (Marks-A-Lot) to paint face on pillows or other brand of non-toxic permanent marker. Please use attached pattern. (We do have ladies here who will be glad to paint a cheerful puppy face on your pillows if you would like to leave the face blank.)

ONLY HAPPY FACES are acceptable. Puppy pillows are given to young patients just recovering from surgery. The children are not fully awake. Exaggerated features and scary expressions may frighten the patients and cancel out the comforting effect of a huggable pillow.

DO NOT USE felt, fleece, buttons, hooks and eyes, plastic paints, hot glue, metal, yarn trim or any other materials that can scratch, be swallowed or in any way harm a child.

4. Place front and back together, rights sides in, pinning in ears with a small tuck in each.
5. Sew twice for extra strength, leaving an opening for stuffing.
6. Turn right-side out and stuff. Close opening.

For further information contact, The Cheer Guild, Riley Hospital,
317.944.8705.

