

- Grilled Meat Skewers.

Grade 11

- Exhibit a poster on Enhancing the Flavor with Rubs, Marinades or other types of flavorings along with proper use
- Soda Can Chicken

Grade 12

- Exhibit a poster on different types of flavored wood chips to add to the fire for flavor or a Meat product using a Rub
- Marinate such Leg of Lamb in Pineapple Marinade, Roast with BBQ rub, and Steaks with Caribbean Spicy rub grilled over Hickory Chips.



### Create-With-A-Mix

Judging - Tuesday, June 30, at 1pm at the Extension Office; Main Hall.  
No State Fair Exhibit

*\*Please also refer to the Policies and Procedures beginning on page 2 and the General Project Rules on page 20.*

4-H members may create their own recipes or use suggestions from a box mix, cookbook, or the project handbook. To assist you in having recipes to choose for this project, you should start a recipe notebook. **Add 3 different** mix recipes each year you are in the project. Recipes can be one you created or found in a magazine, newspaper, or on a box mix.

**Recipe Notebook is required and must be brought with to judging.**

**Project Guidelines:**

1. Basic mix is to be used, member must add a minimum of 2 new ingredients to form a new food product.
2. The project is designed to use a mix as a base and using other ingredients to create a new product. All exhibits are to be baked items.
3. The recipe collection is to be exhibited with food exhibit. **Underline the two or more ingredients added to create the product.** Remove box label that shows the original preparation of the food. Attach it to an 8½"x11" sheet and attach to recipe card of new product (exhibited). \*Mix is to be used as the base. 4-H members will not be marked down for creativity or use of several different ingredients. Three recipes should be added each year.
4. Baked products must be non-perishable. Exhibits using raw egg whites, cream cheese, whipped cream or other ingredients that require refrigeration **cannot** be used. (See Food Policy).
5. Projects will be judged by Grade Level Division

**Exhibit Requirements:**

**Grade 3: 6 brownies**

**Grade 4: 6 cookie bars (A cookie recipe baked in a cake pan and then cut into bars)**

**Grade 5: 6 dropped or pressed cookies**

**Grade 6: 6 Muffins**

**Grade 7: 6 Biscuits**

**Grade 8: a loaf of quick bread (i.e. fruit bread)**

**Grade 9: a loaf of yeast bread**

**Grade 10: 6 Yeast Rolls (any form but not a sweet roll)**

**Grade 11: Sweet bread using yeast (any form, i.e. Sweet rolls, tea ring, dessert pizza, etc.)**

**Grade 12: Cake of any kind**

