



2019



PURDUE EXTENSION

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Change of Seasons...

For many people fall is their favorite season. The start of fall is perhaps more defined than other seasons changes. Fall also allows the opportunity to hope for an Indian Summer treat after the first colder days. For me, changing seasons are a very important passage. It is an opportunity to review, renew and plan for the upcoming season.

Personally, I am changing as the seasons change this year. On September 30 I will retire from Purdue Extension after nearly nine years. It has been a great opportunity to get to know the county better and to help many individuals across the county and state. Fifty years ago, I started my education at Purdue and earned a degree in Family and Consumer Sciences Education while always thinking about a job that was then called Home Demonstration Agent. Life took me on other paths that have been very valuable to me. I worked as an Electric Living Consultant for a major utility and was able to work with homeowners who were just getting electricity on their home or designing kitchen and lighting plans for them. We taught hundreds to use a new cooking device called a microwave oven and we helped people understand electricity and caring for their home.

I also taught in Newton, Jasper and Wabash Counties. Together with the students we learned about each other, relationships, health, nutrition and food preparation, child development, personal and home care and much more. I had the opportunity to work with bands, theatre groups and athletic teams as well. This was followed with the opportunity to as-

sist and care for several as they passed from this the temporary part of life.

My time with Purdue Extension has been a capstone to all the other experiences. Teaching has still been an important part of my life, I have been able to teach what people want to learn, rather than what the state mandates. It has been an honor to work with young children as they explore and learn about life as well as working with seniors who are exploring changes as they age. We have been learning about new methods of food preparation and difficult challenges that our youth are facing.

And in October the seasons change again. I will continue to volunteer in the community, and help identify the needs of the community. I will be able to devote more time to sewing for others, and working with my church and Fendig Summer Theatre. Finally, I will be able to spend more time with family and friends as well as simply taking care of myself and doing the crafts that I have been putting off for years!

I will continue to live in Rensselaer and look forward to seeing all the wonderful people I have been able to get to know throughout the area. Feel free to reach out and say hello as I change to a new season of life. I can be reached at 219-866-8848.



Senior Expo and Activities Around the Corner...

Senior citizens are the focus of two events this month. The second Jasper Newton Senior Expo will be held on October 9 from 7 to 11 at the Jasper County fairgrounds. There will be a health fair, shot clinic, classes and many vendors of interest to senior citizens.

The Area 9 HHS Educators will host a three-part webinar

series, Switching Roles, Advocating for Seniors. This webinar series is planned for caregivers, community members and others who might be seeing changes in friends or loved ones as they age. The series is free of charge and information is on the back of this sheet.



Senior Expo 2019:

Spotlight on Senior Living

October 9, 2019

Health Fair 7 am – 11 am

Vendor Booths 7:30 -11:30 am

Jasper County Fairgrounds, Rensselaer, IN

Shot Clinic Light Breakfast Classes

Vendors Door Prizes Screenings

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Would you Like to Volunteer?

Are you looking for an opportunity to volunteer for others? The Jasper Foundation is looking for volunteers to help with a Meals on Wheels program in Jasper County. The program will start in Rensselaer and expand as need and volunteers make it possible. Contact the Jasper Foundation at 866-5899 for more information.

PURDUE EXTENSION PRESENTS



**A FREE WEBINAR SERIES FOR CAREGIVERS,
COMMUNITY MEMBERS, AND THOSE WHO
LIVE AND WORK WITH OLDER ADULTS**

**OCTOBER 17: SELF NEGLECT-
WHAT TO LOOK FOR AND WHAT TO DO**

PRESENTED BY RYAN WASHBURN
SENIOR AND ADULT GUARDIAN ADVOCATE

**OCTOBER 24: FINANCIAL EXPLOITATION
OF SENIORS**

PRESENTED BY ITZAYANA PRIETO
ADULT PROTECTIVE SERVICES

OCTOBER 31: AGING AND LIVING WELL

PRESENTED BY HEALTH AND HUMAN
SCIENCES EXTENSION EDUCATORS

**For more information about the event, to attend a local
watch party, or to register, please visit
<http://www.cvent.com/d/syqdnr>**

LOCAL WATCH PARTIES SPONSORED BY:



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