

# Extension PULASKI COUNTY

# Weekly Extension Update Purdue Extension, Pulaski County August 28, 2019



#### **General Extension Reminders**

Welcome to the weekly update. Below are weekly reminders of events, activities, and deadlines that relate to Purdue Extension of Pulaski County. If you have questions or concerns, please call the office at 574-946-3412 or link directly to our Website for more information, <a href="https://www.extension.purdue.edu/pulaski/">www.extension.purdue.edu/pulaski/</a>.

# **4-H Youth Development**

- **All 4-H projects** that were not picked up during check-out have been moved to the Extension Office. If you have not picked up your project(s) yet, please do so as soon as possible.
- **State Fair Projects** are now ready for pick up at the Extension Office! Please pick up your projects as soon as possible.
- 4-H Auction Checks will be ready for pick-up on September 3<sup>rd</sup> from 4:30-6:30pm at the Extension Office!
- Lost & Found: There were some boots that were left at the fairgrounds after the fair. If you are missing any, please contact the Office.
- **4-H Volunteers:** There are some 4-H projects that do not have Project Leaders. If you are interested in becoming a Project Leader, please contact the Extension Office.
- It's Mum time! It's that time again, the Jr. Leaders are selling mums and the orders are due by Thursday, September 5<sup>th</sup>. They are \$8 each or 2 for \$15 and the checks need made payable to Pulaski County 4-H Junior Leaders. The colors you can choose from are yellow, pink, orange, red, purple, & white. The mums will be picked up Thursday, September 19<sup>th</sup>.
- The Maker Kit Club will be August 30<sup>th</sup> at 4:30pm at the Pulaski County Public Library. Join us as we take on different types of Maker Kit activities and challenges!
- Volunteer Vision: Stay on track with the 4-H Volunteer Vision at <a href="http://mailchi.mp/acc269dce4c9/wroi8i4x84-3175301?e=cb136a5514%20">http://mailchi.mp/acc269dce4c9/wroi8i4x84-3175301?e=cb136a5514%20</a>

#### **Learning Center**

Check out the classes that Learning Center is offering the next couple of months. All classes are \$30 (unless noted) and are mostly offered from 1-3 or 6-8 PM EDT. To register or learn more, call the Pulaski County Extension Office at 574-946-3412.

- Basic Word: September 3<sup>rd</sup> & 5<sup>th</sup>
- Intermediate Excel: September 9<sup>th</sup> & 10<sup>th</sup>
- Publisher: September 17<sup>th</sup> & 19<sup>th</sup>
- Basic Excel: September 24th & 26th
- PowerPoint: October 1<sup>st</sup> & 3<sup>rd</sup>
- Intermediate Excel: October 14<sup>th</sup> & 15<sup>th</sup>
- Quickbooks: October 28<sup>th</sup>, 29<sup>th</sup>, and November 4<sup>th</sup> (6-8pm \$45)

### **Agriculture & Natural Resource**

Attention Women Landowners! Do you have questions about managing your land for you and future generations? Join the Pulaski and Starke County Soil & Water for a day of fellowship, soil health information, a tour, and lunch on September 19<sup>th</sup> from 10am-4pm (EST) at the home of Nicole Clemons (6125 W 550 N Winamac, IN). RSVP by September 13<sup>th</sup> to Heather.Rogers@in.nacdnet.net or call 574-946-3243 ext. 3.

## **Health & Human Sciences**

A back-to-school checklist can include more than a new backpack & classroom supplies.
 Adjusting routines, the challenges of a new environment, making new friends, are all part of a new school year. Create your child's own personalized checklist <a href="here">here</a>!

# **Nutrition Education Program**

- Chat and Chew with Deb: Learn about healthy eating with NEP Deb Winter at the Winamac First United Methodist Church Fellowship Hall every 2<sup>nd</sup> and 4<sup>th</sup> Thursday at 12pm (Noon).
- Berry-Ginger Refrigerator Oatmeal: Are your mornings crazy? Give this make-ahead oatmeal recipe a try! You can use fresh or even frozen fruit.
   https://www.eatgathergo.org/recipe/berry-ginger-refrigerator-oatmeal

If you need a reasonable accommodation to participate in any program, prior to the meetings, contact the Pulaski County Extension Office

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.