

Tasty Tidbits, "Bite" Sheet - Grades 5-6

Each year, you should complete a minimum of three activities. Within the two year project period, you should have completed at least 6 activities. Write the month, day, and year beside each of your activities you complete. Have your project helper initial that you have discussed the activity with them.

Introduction to Level B (Grades 5-6)

Date:

Helper Initials:

The Experimental Learning Model _____

Having Fun with Tasty Tidbits _____

A Closer Look at My Plate for Kids _____

Cooking Terminology _____

Tools of the Trade _____

How to Read a Recipe _____

Activities

Date:

Helper Initials

Food Safety 101 _____

Green Fuzzy Stuff _____

Reheating Leftovers _____

The Gritty On Grains _____

Where Are the SoFas? _____

Fit It In! _____

How Much Is It? _____

What's in a Name? _____

Check 'Em Out! _____

A Career in Food Science _____

Who Needs Blanching? _____

Colors and Reactions _____

Taste Testing _____

Recipes

Date:

Helper Initials:

Make Your Own Yogurt _____

Here Come the Fruits & Veggies _____

Baking Better Batters _____

Twisting Tasty Pretzels _____

Easy Cheesy Lasagna _____

Biscuits-Savory & Sweet _____

Make Your Own! _____

Frozen Cookies _____

Pizza Freeze _____

Going Bananas _____

Freezer Breakfast _____

Name: _____ Age: _____

Project Helper's Signature: _____ Date: _____