

Weekly Extension Update
Purdue Extension, Pulaski County
July 9, 2019



General Extension Reminders

Welcome to the weekly update. Below are weekly reminders of events, activities, and deadlines that relate to Purdue Extension of Pulaski County. If you have questions or concerns, please call the office at 574-946-3412 or link directly to our Website for more information, www.extension.purdue.edu/pulaski/.

4-H Youth Development

- **Congratulations to all of the 4-Her's! Also, thank you to all who donated, volunteered, or helped make the 2019 Pulaski County 4-H & Community Fair happen!**
- **All 4-H projects** that were not picked up during check-out have been moved to the Extension Office. If you have not picked up your project(s) yet, please do so as soon as possible.
- **Attention 4-Her's!** There is only a handful of youth medium and youth large 2019 fair t-shirts left. If you have not received yours and would like one in one of these sizes, contact the Extension Office.
- **4-H Volunteers:** There are some 4-H projects that do not have Project Leaders. If you are interested in becoming a Project Leader, please contact the Extension Office.
- **The 2019 Indiana State Fair** is coming up soon! If you have a 4-H project that is eligible for State Fair, please refer to the letter that was given with your project and contact the office about whether or not you would like transportation of your project to the State Fair.
- **The Summer Newsletter is out!** To read the newsletter, go to <https://extension.purdue.edu>.
- **Love board games? Card Games? Video Games?** Then you could be a Clover Gaming SPARK Club volunteer! It gives the opportunity to inspire youth to love games, create their own, and discover the science behind them. Contact the Extension Office for more information!
- **Space S.T.E.M.** at the Pulaski County Public Library on July 15th at 5pm and the 18th at 10:30am!
- **The Maker Kit Club** will be July 26th at 4:30pm at the Pulaski County Public Library. Join us as we take on different types of Maker Kit activities and challenges!
- **Volunteer Vision:** Stay on track with the 4-H Volunteer Vision at <http://mailchi.mp/acc269dce4c9/wroi8i4x84-3175301?e=cb136a5514%20>

Learning Center

Check out the classes that Learning Center is offering the next couple of months. All classes are \$30 (unless noted) and are mostly offered from 1-3 or 6-8 PM EDT. To register or learn more, call the Pulaski County Extension Office at 574-946-3412.

- *Classes are done for the summer but will start back up in August!*

Agriculture & Natural Resource

- **Pond Management Workshop:** Saturday, August 10th from 2:00-5:00pm EST in Knox, Indiana. Come learn about pond ecology and ways to improve your pond through fish stocking and vegetation management. The cost is \$10 to cover refreshments and educational materials. You can email pwoolery@purdue.edu or call 574-772-9141 for more information.

Health & Human Sciences

- **Not sure** what to do with all of your summer produce? Purdue University Health and Human Sciences Extension offers simple recipes and tips to store these healthy foods.
<https://www.extension.purdue.edu/extmedia/HHS/HHS-755-W.pdf>

Nutrition Education Program

- **Chat and Chew with Deb:** Learn about healthy eating with NEP Deb Winter at the Winamac First United Methodist Church Fellowship Hall every 2nd and 4th Thursday at 12pm (Noon).
- **Grilled Burgers with Slaw:** Burgers are a summer favorite. Keep 'em healthy and tasty with this recipe perfect for grilling! <https://www.eatgathergo.org/recipe/grilled-burgers-with-slau>

If you need a reasonable accommodation to participate in any program, prior to the meetings, contact the Pulaski County Extension Office

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