

# Purdue Extension Pack The Pantries:

Taking a bite out of hunger

**Help us Pack the Pantries!**

We have 40 food programs in Hamilton County and they are struggling to meet the needs of local families and individuals. **There are more than 26,000 people in Hamilton County who are food insecure.** Less than half qualify for government assistance. Help Purdue Extension raise awareness about hunger and educate families about the importance of good nutrition and family mealtime.



## How can you help?

Two Options to Donate:

1. Donate a monetary amount
2. Donate canned goods, dry products, cereals, etc.

Donations are accepted until July 15 at  
Purdue Extension Hamilton County:  
2003 Pleasant Street, Noblesville, IN  
46060.

Donated items will be on display at the  
4-H Fair.

All Donations will go to the Hamilton  
County Harvest Food Bank.

## The Facts:

- **77% of Indiana Food Bank Clients report having to choose between paying bills or purchasing food.**
- **33% of Indiana Food Bank clients are children.**
- **More than 11,000 senior citizens receive food assistance in Central Indiana each year.**
- **1,000,000 people face food insecurity in Indiana.**
- **More than 40 million Americans (1 out of 8) struggle with hunger and food insecurity.**
- **Family meals provide social interaction and learning time, and they build family unity. Families that share in mealtime provide greater nutrition, higher self-esteem and happier families.**

Questions?

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