



Wabash County 4-H Rabbit Worksheet

Grade 9



Name: _____ 4-H Club _____

Answers to these questions can be found in the "Rabbit Resource Handbook" 4-H 228R

Use Chapter 9 to Answer the following Questions:

1. What are the nutritional values and benefits of rabbit meat?

2. Comparing Nutritional Values of Common Meats

Meat	Protein (g)	Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Cholesterol (g)	Calories (kcal)
Rabbit (3 oz)	25		2.4	0		
Turkey (3 oz)		3		0	59	
Beef (3 oz)	24	13		0	77	
Pork (3 oz)	24		4.1	0		

Use Chapter 10 to Answer the following Questions:

3. Explain the difference between the 6 Class and 4 Class categories.

Use Chapter 11 to Answer the Following Questions:

4. What are the two most common uses for rabbits?

5. What are some alternative markets for rabbits?

6. List some by-products that come from rabbits and their uses.

7. What is your favorite breed of rabbit and why?

8. What breeds do you have?

9. What type of market fits your rabbit project?

10. What are some challenges you face with this market?
