



# 4-H Herbs – Level D (Grades 10-12)

## Record Sheet

Record for Year \_\_\_\_\_

A completed record sheet is due by the last business day of June to exhibit each project at the fair.  
Use any 4-H publications, the internet, the library, or a professional to help you prepare your responses.

### The Basics

Name \_\_\_\_\_ 4-H Club \_\_\_\_\_

Years in 4-H \_\_\_\_\_ Grade \_\_\_\_\_ Years in Project \_\_\_\_\_

### Digging In

When should herbs be harvested for cooking with a recipe that calls for fresh herbs? \_\_\_\_\_

\_\_\_\_\_

Describe how spices are different from herbs. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name three edible flowers.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

In what ways could you craft with herbs, or what could you create? \_\_\_\_\_

\_\_\_\_\_

### Watching it Grow

Even though you may not exhibit all of your herbs, list the herbs you are growing this year.

\_\_\_\_\_

\_\_\_\_\_

Describe where you grow your herbs as it relates to temperature, light, moisture, and location. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Where did you purchase your seeds and/or plants? \_\_\_\_\_

We do not necessarily care what you spent on your garden this year, but it is good for you to understand that things have a cost. Even poster boards are not free. Approximately how much do you think you spent or will spend planting, tending, and harvesting your garden this year? Circle one.

\$0.00-\$5.00    \$5.00-\$15.00    \$15.00-\$30.00    \$30.00-\$50.00    Greater than \$50.00

### **Harvest**

What was the most challenging thing about having herbs? \_\_\_\_\_  
\_\_\_\_\_

What did you like best about having herbs? \_\_\_\_\_  
\_\_\_\_\_

### **What's in Your Basket**

Name three institutions in which you could study to become an herbalist.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Name three careers or professions in which herbs are used on a regular basis.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Of the careers you listed, which appeals to you the most and why? \_\_\_\_\_  
\_\_\_\_\_

Check the places in which this career might be available.

- United States
- Indiana
- Northeast Indiana
- Steuben County

What is the potential salary earnings for this career? \_\_\_\_\_

Why is this subject matter important to you? \_\_\_\_\_  
\_\_\_\_\_

What is one thing you learned or sparked your interest as a result of completing this project? \_\_\_\_\_  
\_\_\_\_\_