



# 4-H Herbs – Level A (Grades 3-4)

## Record Sheet

Record for Year \_\_\_\_\_

A completed record sheet is due by the last business day of June to exhibit each project at the fair.  
Use any 4-H publications, the internet, the library, or a professional to help you prepare your responses.

### The Basics

Name \_\_\_\_\_ 4-H Club \_\_\_\_\_

Years in 4-H \_\_\_\_\_ Grade \_\_\_\_\_ Years in Project \_\_\_\_\_

### Digging In

Define herb: \_\_\_\_\_

Name two herbs that could be added to butter (separately or together) to give the butter a different, savory flavor.  
Try it at home, and explain what you did and whether you liked the taste or not.

1. \_\_\_\_\_
2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Think about Thanksgiving dinner. List three herbs you may have smelled in the kitchen.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What kind of herbs might be used when cooking Italian food such as pizza or spaghetti? \_\_\_\_\_

\_\_\_\_\_

### Watching it Grow

Even though you may not exhibit all of your herbs, list the herbs you are growing this year.

\_\_\_\_\_

\_\_\_\_\_

Describe where you grow your herbs as it relates to temperature, light, moisture, and location. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Where did you purchase your seeds and/or plants? \_\_\_\_\_

We do not necessarily care what you spent on your garden this year, but it is good for you to understand that things have a cost. Even poster boards are not free. Approximately how much do you think you spent or will spend planting, tending, and harvesting your garden this year? Circle one.

\$0.00-\$5.00    \$5.00-\$15.00    \$15.00-\$30.00    \$30.00-\$50.00    Greater than \$50.00

### Harvest

Although we consume herbs in various dishes, name three uses for herbs other than eating them.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Indicate your response below by marking true or false.

- All herbs are safe to eat.                       True             False
- Essential oils are made by soaking herbs in oil.                       True             False
- You should clearly label all herbs.                       True             False
- You can grow more than one herb in each pot.                       True             False

What was the most challenging thing about having herbs? \_\_\_\_\_  
\_\_\_\_\_

What did you like best about having herbs? \_\_\_\_\_  
\_\_\_\_\_

### What's in Your Basket

In what ways do you envision yourself using herbs in the future? \_\_\_\_\_  
\_\_\_\_\_

Why is this subject matter important to you? \_\_\_\_\_  
\_\_\_\_\_

What is one thing you learned or sparked your interest as a result of completing this project? \_\_\_\_\_  
\_\_\_\_\_