

**PURDUE EXTENSION**



**When:** Mondays, February 4 to  
March 18, 2019  
Dinner at 5:30 pm;  
Class from 6 to 8 pm

**Where:** Brushwood United Methodist Church  
5474 W County Road 200 N  
Rensselaer, IN 47978  
Located on Hwy 231 11 miles north of Rensselaer

**Who:**  
All families with youth between the  
ages of 10-14.

**What:**  
Strengthening Families focuses on  
family skills taught in group sessions  
to increase family strengths. The  
program builds on improving family  
relationships, parenting skills and  
improving youth's social and life  
skills.

**Cost:** \$ 20 per family

**Week 1**  
Love & Limits  
Dreams & Goals

**Week 2**  
House Rules  
Appreciating Parents

**Week 3**  
Encouraging Positive Behavior  
Dealing with Stress

**Week 4**  
Using Consequence  
Following Rules

**Week 5**  
Building Bridges  
Peer Pressure

**Week 6**  
Protecting Youth  
Peer Pressure

**Week 7**  
Putting It All Together  
Celebrate!

**Registration Required**  
**Deadline: February 1, 2019**

Alice Smith, Deb Arseneau  
HHS Educators, Purdue Extension  
Jasper & Newton Counties

219-866-5741 or 219-285-8620  
smit1357@purdue.edu or  
arseneau@purdue.edu