

## Tasty Tidbits Level B Grade 5-6 Project Manual Activity Checklist

Activities in your foods manual help you expand your knowledge about food preparation, safety, and healthy eating habits. It is suggested that you complete a minimum of 3 activities each year. Please complete this sheet and place it in the front of your manual and bring both to foods conference judging for fair.

Name: \_\_\_\_\_

Activity	Date Completed	Helper's Initials
Food Safety 101		
Green Fuzzy Stuff		
Reheating Leftovers		
Make Your Own Yogurt		
The Gritty on Grains		
Here Comes the Fruit and Veggies		
Where are the SoFAS?		
Fit In!		
Baking Better Batters		
Twisting Tasty Pretzels		
Easy Cheese Lasagna		
Biscuits- Savory and Sweet		
How Much Is It?		
What is in a Name?		
Check 'Em Out!		
Make Your Own!		
Frozen Cookies		
Pizza Freeze		
Going Bananas		
Freezer Breakfast		
A Career in Food Science		
Who Needs Blanching?		
Colors and Reactions		
Taste Testing		

