

Fantastic Foods Level A Grades 3-4 Project Manual Activity Checklist

Activities in your foods manual help you expand your knowledge about food preparation, safety, and healthy eating habits. You are required to complete a minimum of 3 different activities each year. Your first year in the project you should also complete the introduction. Please complete this sheet and place it in the front of your manual and bring both to foods conference judging for fair.

Name: _____

Activity	Date Completed	Helper's Initials
Examining Germs		
Danger Zone		
Fuzzies on My Bread		
Mama Mia Pizza		
Bone Up on Calcium		
Fruit Kabobs		
Snackin' Power		
Pancakes Anyone		
Classic Chocolate Chip Cookies		
Fruit in Muffins		
Micro Stuffed Potatoes		
Decoding the Nutrition Label		
Juice on Fruit Drink		
Making Brownie Cents		
Tune into Advertising		
You Be the Judge		
Frosty Freezer Fruit		
Fruit Granita		
Saving Leftovers		
Farm to Table		
Eating in Season		
Food Industry Careers		