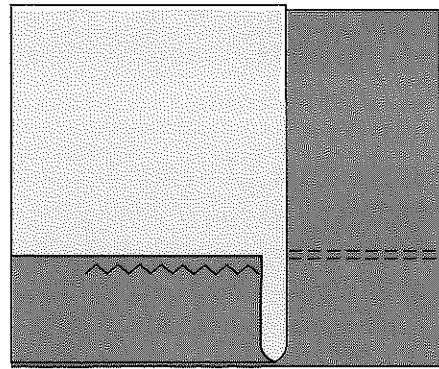
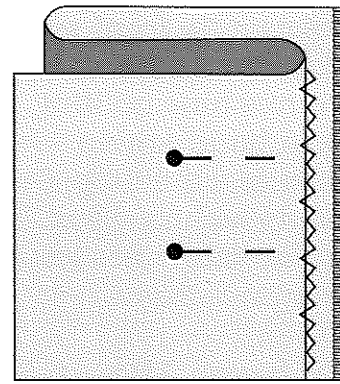


Sew Fine • Chapter Two

Level C: Grades 8 & 9



TWIN NEEDLE TOPSTITCHED HEM



MACHINE BLIND HEM

Sew Something ... Construction Techniques Sample Notebook

The sample notebook was introduced in Level B: Grade 6. If you are just starting your notebook, you will need to make the Grade 6 samples as well as the ones listed below. (Ask your county Extension office for a copy of the Grade 6 requirements.) Remember to use card stock or other durable paper and to securely attach your samples. Label and add explanations to help you remember the techniques. It is best to leave your pages unnumbered. Page dividers will keep your notebook organized.

You will need:

- assorted fabric remnants
- assorted interfacings
- snaps and hooks
- three-ring binder
- separating zippers
- several short zippers
- thread
- card stock or heavy, durable paper

Add these samples to your Grade 6 notebook.

- Darts — Show two methods for stitching darts.
- Interfacing — Make a chart showing interfacing samples and appropriate uses of each sample.
- Seams — Show methods for stitching seams in knit fabric.
- Seam finishes — Add two more types of seam finishes to your notebook.
- Zippers — Show how to insert a separating and fly front zipper.
- Closures — Show sewing methods and uses for hooks, eyes, thread loops, and snaps.
- Hand-stitching sampler — Show four types of hand stitches and their uses.
- Topstitching — Show two samples of topstitching utilizing different fabrics or stitches.
- Fabric swatches — Collect 10 fabric swatches. Label the swatches with name, fiber, care, and uses.

Sew Much More ... Sewing for Community Service

Volunteer your sewing services or donate sewn items to charities, nursing homes, hospitals, clothing banks, or other community programs.

Congratulations! You have continued sewing and have mastered the basics. In the advanced levels of 4-H Sewing, you are encouraged to choose sewing projects that challenge you to go beyond what you have already learned. Words that are italicized, underlined, and in **bold** type when they first appear in this manual are defined in the Glossary on page 8.

Suggested Reading and Resources

Fabric stores and libraries offer sewing reference books on a wide variety of subjects. As you explore more difficult sewing techniques, use these sources, as well as advice from sewing advisors that you know.

The Singer Sewing Reference Library:

Sewing Essentials

Sewing for Style

Sewing with Knits

Sewing Pants that Fit

Sewing for Special Occasions: Bridal, Prom & Evening Dresses

Sewing for the Home

The Ultimate Serger Answer Guide Book, Gail Brown, Naomi Baker, Cindy Kacynski

Creative Kindness, Nancy Zieman

Power Sewing, Sandra Betzina

Fabric Sewing Guide, Claire Shaeffer

Couture Sewing Techniques, Claire Shaeffer

Complete Guide to Sewing, Reader's Digest

The Vogue/Butterick Guide to Sewing Techniques, The Editors of Vogue and Butterick Patterns

Couture: The Art of Fine Sewing, Roberta Carr

Complete Step-by-Step Guide to Home Sewing, Jeanne Argent

Simplicity's Simply the Best Home Decorating Book, Simplicity Pattern Co., Inc.

Learning Activities Checklist

(Check off each of these items on your Achievement Sheet on page 9 as you do them.)

- Work with specialty fabrics: satin, silk, chiffon, lace, velvet, heavy coatings, suede, imitation fur, and leather.
- Choose patterns and projects that offer learning challenges.
- Accurately measure your figure and alter patterns.
- Correctly fit pants.
- Expand knowledge of interfacings.
- Refine use of pressing equipment.
- Practice more advanced uses for machine accessories.
- Apply invisible and **hand-picked zippers**.
- Line more difficult items.
- Use darts, tucks, and advanced seaming styles to build shape into garments.

- Refine hand-sewing skills.
- Practice making bound buttonholes and welt pockets.
- Practice advanced seam finishes.
- Practice simple tailoring techniques.
- Read current sewing publications.

Skills to Learn & Include in Your Exhibit

Seam finishes are *recommended* on all exposed seams (except knits and non-raveling specialty fabrics). Interfacing, understitching, and trimming should be used when appropriate. In addition, *choose at least six* of these skills for each sewn exhibit:

- | | |
|--|--|
| <input type="checkbox"/> Make darts. | <input type="checkbox"/> Insert a separating zipper. |
| <input type="checkbox"/> Attach cuffs. | <input type="checkbox"/> Insert a fly front zipper. |
| <input type="checkbox"/> Make tucks. | <input type="checkbox"/> Insert a lapped zipper. |
| <input type="checkbox"/> Make pleats. | <input type="checkbox"/> Insert a hand-picked zipper. |
| <input type="checkbox"/> Add lining. | <input type="checkbox"/> Use <u>shaped seams</u> . |
| <input type="checkbox"/> Insert elastic. | <input type="checkbox"/> Sew with knit. |
| <input type="checkbox"/> Add facings. | <input type="checkbox"/> Use fiberfill. |
| <input type="checkbox"/> Add <u>boning</u> . | <input type="checkbox"/> Make <u>button loops</u> . |
| <input type="checkbox"/> Add plackets. | <input type="checkbox"/> Do a machine-topstitched hem. |
| <input type="checkbox"/> Apply a collar. | <input type="checkbox"/> Do a machine blind hem. |
| <input type="checkbox"/> Add lapels. | <input type="checkbox"/> Do a hand-stitched hem. |
| <input type="checkbox"/> Insert piping. | <input type="checkbox"/> Make self-covered buttons. |
| <input type="checkbox"/> Make sleeves. | <input type="checkbox"/> Use specialty threads. |
| <input type="checkbox"/> Do machine or hand quilting. | <input type="checkbox"/> Make <u>self-enclosed seams</u> . |
| <input type="checkbox"/> Make a neckband. | <input type="checkbox"/> Sew with difficult fabric. |
| <input type="checkbox"/> Apply machine or hand appliqué. | <input type="checkbox"/> Construct with a serger. |
| <input type="checkbox"/> Add gathers. | <input type="checkbox"/> Do hand beading. |
| <input type="checkbox"/> Add <u>vents</u> . | <input type="checkbox"/> Add patch pockets. |
| <input type="checkbox"/> Apply machine topstitching. | <input type="checkbox"/> Add inseam pockets. |
| <input type="checkbox"/> Create bound edges. | <input type="checkbox"/> Add front hip pockets. |
| <input type="checkbox"/> Apply trim. | <input type="checkbox"/> Add welt pockets. |
| <input type="checkbox"/> Sew buttons. | <input type="checkbox"/> Make machine buttonholes. |
| <input type="checkbox"/> Apply <u>ribbing</u> . | <input type="checkbox"/> Make bound buttonholes. |
| <input type="checkbox"/> Add <u>underlining</u> . | <input type="checkbox"/> Match fabric design. |
| <input type="checkbox"/> Add a drawstring. | <input type="checkbox"/> Use twin needle. |
| <input type="checkbox"/> Add ruffles. | <input type="checkbox"/> Make shoulder pads. |
| <input type="checkbox"/> Add a waistband. | <input type="checkbox"/> Apply machine embroidery. |
| <input type="checkbox"/> Insert an invisible zipper. | |

