

# Sew Smart • Chapter Two

Level B: Grade 6

This level of 4-H sewing reviews what you have learned so far and adds new techniques to help you build your sewing skills. Words that are italicized, underlined, and in **bold** type when they first appear in this manual are defined in the Glossary on pages 10 and 11.

## Let's Sew: Suggested Reading

By now, you should be very familiar with the *Let's Sew* reference book. Continue to use this information as a supplement to your pattern guidesheet. As your sewing skills progress, explore other sewing reference books like these:

*Sewing Essentials*, The Singer Sewing Reference Library  
*Sewing for Style*, The Singer Sewing Reference Library  
*Sewing with Knits*, The Singer Sewing Reference Library  
*Power Sewing*, Sandra Betzina

## Learning Activities Checklist

(Check off each of these items on your Achievement Sheet on page 12 as you do them.)

- Read pattern descriptions and choose compatible fabrics.
- Select zippers and buttons.
- Determine the **nap** of different fabrics (examples: corduroy, velvet).
- Practice stitching **darts**.
- Practice inserting a lapped zipper.
- Make a simple collar (without a band).
- Practice marking, sewing, and cutting buttonholes.
- Practice different hemming methods.
- Sew on buttons, hooks, and snaps.

## Skills to Learn & Include in Your Exhibit

Seam finishes are *recommended* on all exposed seams (except knits). Interfacing, understitching, and trimming should be used when appropriate. *Choose at least four* of these additional skills for each sewn exhibit:

- |  |  |
|--|--|
| <input type="checkbox"/> Make darts.                                       | <input type="checkbox"/> Sew facings.                  |
| <input type="checkbox"/> Set in sleeves.                                   | <input type="checkbox"/> Do a machine-topstitched hem. |
| <input type="checkbox"/> Apply ribbings.                                   | <input type="checkbox"/> Insert a lapped zipper.       |
| <input type="checkbox"/> Apply trim.                                       | <input type="checkbox"/> Hand-stitch a hem.            |
| <input type="checkbox"/> Do a machine blind hem.                           | <input type="checkbox"/> Apply bindings.               |
| <input type="checkbox"/> Make buttonholes.                                 | <input type="checkbox"/> Sew with knit.                |
| <input type="checkbox"/> Sew <b><u>tucks</u></b> or <b><u>pleats</u></b> . | <input type="checkbox"/> Match fabric design.          |
| <input type="checkbox"/> Construct with a serger.                          | <input type="checkbox"/> Sew <b><u>ruffles</u></b> .   |
| <input type="checkbox"/> Use fiberfill.                                    | <input type="checkbox"/> Hand-sew buttons.             |
| <input type="checkbox"/> Apply machine <b><u>appliqué</u></b> .            | <input type="checkbox"/> Sew inseam pockets.           |