

sewing machine manual. Also learn how to wind and put the bobbin into the machine. Practice until you can do these things by yourself. When you can do these things, you are ready to begin stitching with thread, using scraps of material.

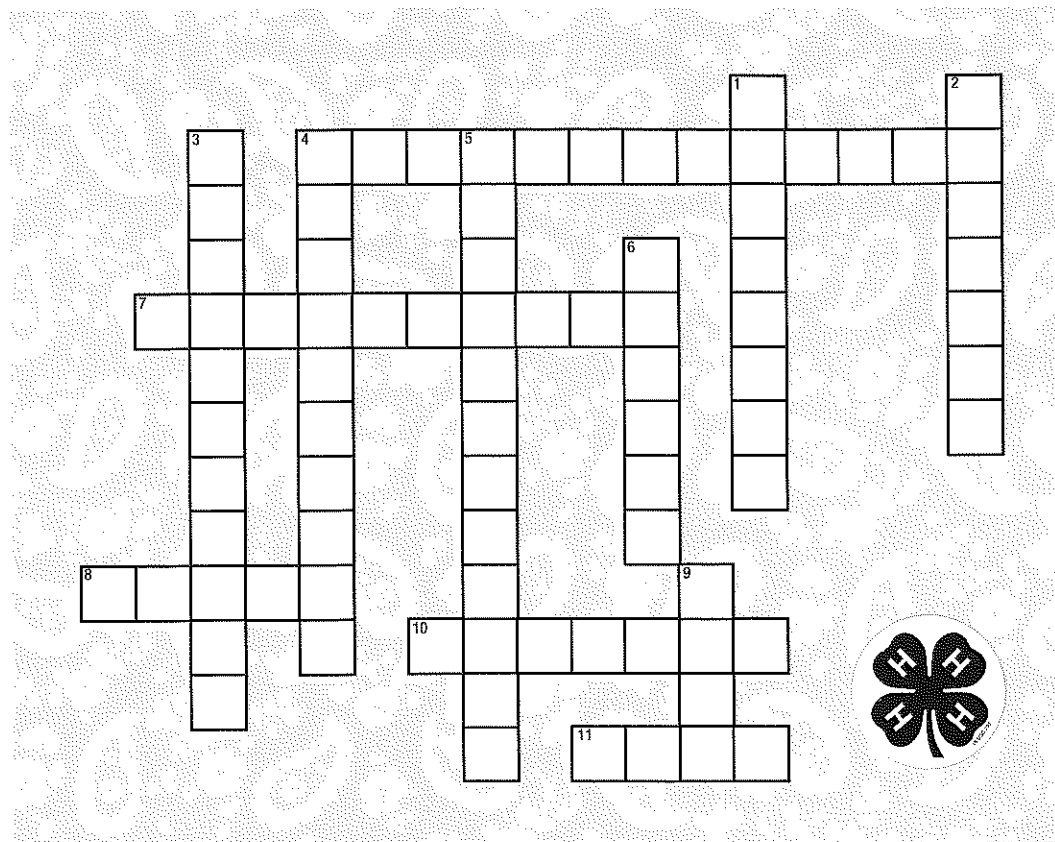
# Sew Simple • Chapter Two

Level A: Grade 4

## Sew Much More . . . Having Fun with Sewing Terms

There are many sewing terms that you will need to understand. Use the *Let's Sew* reference book to help you solve the crossword puzzle. Do you know all of the answers?

*Have fun!*



### DOWN

1. tool to cut fabric
2. tightly woven finished edge of fabric
3. long, narrow, flexible tool used for measuring
4. "undoing" tool
5. large pressing surface
6. forms stitches that hold fabric together
9. pressing tool used with or without steam

### ACROSS

4. electric tool with needle and thread that makes stitches
7. edge stitching that prevents fraying
8. six-inch measuring tool
10. tissue paper shapes, pinned to fabric and used as a cutting guide
11. used to temporarily hold fabric edges together

DOWN: 1. scissors 2. selvage 3. tape measure 4. seam ripper 5. ironing board 6. thread 9. iron  
ACROSS: 4. sewing machine 7. seam finish 8. gauge 10. pattern 11. pins

This level of 4-H sewing reviews what you have learned so far and adds new techniques to help you build your sewing skills. Words that are italicized, underlined, and in **bold** type when they first appear in this manual are defined in the Glossary on pages 13 and 14.

## Let's Sew: Suggested Reading

Review these chapters in *Let's Sew! A Beginner's Sewing Guide* by Nancy Zieman, with your sewing helper.

- Tool Talk . . . . .page 3
- Sewing Machine Savvy . . . . .page 9
- Pattern Power . . . . .page 19
- Fabric Facts . . . . .page 25
- Ready, Set, Sew! . . . . .page 29

You will also want to carefully read the **pattern guide** sheet. Use the information in the *Let's Sew* reference book as a supplement to those instructions.

## Learning Activities Checklist

These sewing activities will help you learn the skills to sew your projects. (Check off each of these items on your Achievement Sheet on page 15 as you do them.)

- Learn to adjust machine tension and stitch length.
- Learn to replace the sewing machine needle.
- Coordinate pattern with fabric and notions.
- Understand types of grainlines.
- Learn methods for transferring pattern marking.
- Learn definitions for basic sewing terms.
- Know the importance of **staystitching** and use it in your sewing.
- Sew a **facing** or waistband, with interfacing, and learn how to trim and grade seams.
- Practice using the iron and press as you sew.
- Learn other seam finishes and choose the best one for your project.

## Skills to Learn & Include in Your Exhibit

Seam finishes are *recommended* on all exposed seams. Plus choose at least two of these skills for each sewn exhibit:

- Use interfacing.
- Staystitch and **understitch**.
- Apply a facing or binding.
- Stitch curved seams.
- Trim and **grade** seams.
- Work with fiberfill.
- Machine topstitch hems.