

Foods Level B: Year 1 Record

1. List three new things you learned in this project.

2. What was the most surprising thing you learned about yourself while completing this project?

3. Did you give an action demonstration on your Foods project? _____ Yes _____ No

Name of Demonstration _____

4. How did you help your family with their meals while doing this project?

5. List the foods you prepared and/or preserved this year and the number of times they were prepared and/or preserved.

Food Prepared	Number of Times

Food Preserved	Number of Times

6. Write in the number of times you did other things:

Activity	Number of Times
Set table with centerpiece	
Cleaned up kitchen	
Collected recipes	
Helped serve family meals	
Planned and cooked entire meal	
Shopped for groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper _____ Date _____

Foods Level B: Year 2 Record

1. What three new skills did you develop in this project?

2. What did you learn about buying food? _____

3. What are some things you learned about careers in the food industry?

4. Did you give an action demonstration on your Foods project? _____ Yes _____ No

Name of Demonstration _____

5. List the foods you prepared and/or preserved this year and the number of times they were prepared and/or preserved.

Food Prepared	Number of Times

Food Preserved	Number of Times

6. Write in the number of times you did other things:

Activity	Number of Times
Set table with centerpiece	
Cleaned up kitchen	
Collected recipes	
Helped serve family meals	
Planned and cooked entire meal	
Shopped for groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper _____ Date _____