

# : ccXg@Yj Y 5. Year 1 Record

1. List three new things you learned in this project.

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2. What was the most surprising thing you learned about yourself while completing this project?

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3. Did you give an action demonstration on your Foods project? \_\_\_\_ Yes \_\_\_\_ No

Name of Demonstration \_\_\_\_\_

4. List the foods you prepared and/or preserved this year and the number of times they were prepared and/or preserved.

Food Prepared	Number of Times

Food Preserved	Number of Times

5. Write in the number of times you did other things:

Activity	Number of Times
Set table	
Cleaned up kitchen	
Collected recipes	
Helped serve family meals	
Shopped for groceries	
Put away groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper \_\_\_\_\_ Date \_\_\_\_\_

# Foods Level A: Year 2 Record

1. What did you learn about food safety from this project?

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2. What are some things to keep in mind when you go to the grocery store to buy food?

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3. Did you give an action demonstration on your Foods project?  Yes  No

Name of Demonstration \_\_\_\_\_

4. List the foods you prepared and/or preserved this year and the number of times they were prepared and/or preserved.

Food Prepared	Number of Times

Food Preserved	Number of Times

5. Write in the number of times you did other things:

Activity	Number of Times
Set table	
Cleaned up kitchen	
Collected recipes	
Helped serve family meals	
Shopped for groceries	
Put away groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper \_\_\_\_\_ Date \_\_\_\_\_