

## **ST. JOSEPH COUNTY 4-H MEMORY ACHIEVEMENT BOOK**

**For 4-H members 4<sup>th</sup> Grade – 9<sup>th</sup> Grade**

Congratulations on selecting the 4-H Memory Achievement Project. This project is designed to encourage all 4-H members to keep good records of their 4-H work in an organized way. These records will help in preparation of a 4-H Indiana 4-H Accomplishment Scholarship. It will give you a lasting record of your years in 4-H. To encourage 4-H'ers to plan a good program, set realistic goals, carry out projects and activities, exercise some leadership in the project and keep regular periodic records of what was done and learned. This book should contain projects and records of the PREVIOUS YEAR ONLY. By the time you are ready to complete an Indiana 4-H Accomplishment Scholarship for State; you should have completed 6 Junior Achievement Books.

### **4-H RECORDS ARE IMPORTANT**

**What do you think of a record sheet!**

**Is it a task or is it a treat,**

**A labor required that you fain would shun,  
Or a pride and a proof of work well done?**

**I know it is hard for many of you  
To put on paper the things you do!  
A lot of our Jims, a Lot of our Jeans,  
At doing a job are kings and queens,  
But you cannot write for a hill of beans.**

**Yet, if each day, as soon as you're through it,  
You write up your work at the time you do it,  
Why even though you make some slip,  
In grammar, maybe, or penmanship  
I'll bet your leader will slap your back  
And say "By gosh, you're a Cracker Jack."**

**--Jefferson County N.Y. – 4-H News**

### **PROJECT REQUIREMENTS**

The Memory Achievement Book Project gives 4-H members and those 4<sup>th</sup> graders thru 9<sup>th</sup> graders a place to start keeping good, detailed records. After 9<sup>th</sup> grade you will submit for the Indiana 4-H Accomplishment Scholarship. This project book will help you gather your information for the 4-H Indiana Portfolio required for state and national contests. By completing this project each year you will be well prepared to submit a State 4-H Portfolio when you enter Grade 10. (Due Feb 1<sup>st</sup>.)

This project may seem very difficult at first, especially if you have already completed more than one year of 4-H work. However, after you complete this project it is very easy to update for next year. Good Luck! This is a fun project!

### **EXHIBIT REQUIREMENTS**

1. Follow the guidelines in this manual and bring your completed 4-H Memory Book to the 4-H Fair.
2. Complete the 4-H Memory Achievement Book Information Record Sheet and turn in with your book.

### **THREE PURPOSES OF YOUR MEMORY ACHIEVEMENT BOOK ARE:**

1. Your record tells your 4-H story for awards and recognition. Be sure it represents you.
2. It serves as a record of your 4-H experiences and cherished memories of your 4-H days.
3. To achieve awards, trips and scholarships.

**GOOD LUCK!**

### **BUILD YOUR RECORD BY:**

1. Taking the number of projects that seem wise for you considering your school, church and other community activities.
2. Taking part in various 4-H clubs and activities.
3. Collecting and saving clippings, record books and other material that relate to your 4-H program.
4. Keeping all your materials in a special "4-H Box".
5. Learning about achievement awards in local and county meetings.
6. Making up a Memory Achievement Book according to the instructions given.
7. Entering your Memory Achievement Record for some contest in the County.

### **HELP YOUNGER MEMBERS BY:**

1. Encouraging them to keep their 4-H record books, clippings, and pictures in their "4-H Box".
2. Acquainting them with 4-H Achievement Awards.
3. Assisting them to make a Memory Achievement Book.

### **WORKSHOP**

Assistance in assembling your Memory Achievement Book is offered through the Extension Office. Also, the Memory Achievement Book Superintendent of this project will be happy to go over your book with you. JUST call your superintendent which is listed in the front of your fair book. Help will be given in answering questions and going through the Memory Achievement Book with you.

### **COMPLETING YOUR MEMORY ACHIEVEMENT BOOK**

When completely assembled, your record book should be in the following order and displayed in a 1" – 3 ring binder or a binder from the Extension Office:

1. TABLE OF CONTENTS – or principle divisions of the record should be used. Section dividers with tabs should be used. They can be put in plastic covers, also.
2. MEMORY ACHIEVEMENT INFORMATION RECORD SHEET – complete information sheet about yourself and get your 4-H Leader's signature when the book is complete.
3. MEMORY ACHIEVEMENT RECORD INFORMATION – Complete Sections 1 – 7 (examples can be found on the pages for each section). This should contain information from the previous year only.
4. YOUR 4-H STORY – Your 4-H story is an essay of your 4-H experiences. Go ahead and brag, be proud of what you have accomplished but...once you have said it - - FORGET IT! Be creative. Your 4-H story should introduce yourself, tell how your projects have helped your family, how you got involved in various projects, disappointments, human interest, future plans, personal growth and development. Limit story to no more than (4) pages. Let the judge know you through your story.
5. SPECIAL INFORMATION – Limited to three (3) pages - - front and back. Use this section to share any special correspondence, pictures or clippings. Do not layer or shingle.
6. MY RECORD OF 4-H ACHIEVEMENT – 4H620 – Include records for ALL years in 4-H excluding Clover Buds and Mini 4-H. Example in book. **THIS IS THE ONLY RECORD THAT IS PROGRESSIVE AND MUST BE PUT IN EACH NEW BOOK YOU DO.**

### **HELPFUL SUGGESTIONS FOR A FUN PROJECT!**

- Allow plenty of time to assemble your record book.
- Use of clear report form folders is encouraged to keep paper neat and clean.
- Use tabs.
- Keep records throughout the entire year. This report form is you at your best.
- Do your own work, but don't be afraid to ask questions.
- Keep your report neat and legible. Use of a word processor or typewriter is preferred but hand printed reports are acceptable. You may use white paper.
- Do not include 4-H ribbons in your book, but keep track of them for future reference.
- You will have a separate notebook for each year completing this project.
- Include all pages in your book, even if they are not filled in. The judge will then know that you did not skip or overlook any pages.



## **SECTION 1**

## **WHAT I LEARNED FROM MY 4-H PROJECTS**

**Specifically list what was learned in each project you took last year. Remember you always have success along with problems.**

**EXAMPLE:**

**CLOTHING:** I learned how to work with denim fabric. The thickness of the fabric required . . .

**FOODS:** I learned the importance of correctly measuring ingredients. When I added too much flour . . .

**LIVESTOCK:** I learned how to properly measure feed for my animals. My January pig gained too much weight early, causing me to . . .

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**SECTION 2**

**EXPERIENCES IN MY 4-H ACTIVITIES**

**Include where and when you participated in this activity, how many people were involved, what you did, and if it was a local, county, area, or state event. Also include what you learned from each activity.**

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**DEMONSTRATIONS & PUBLIC SPEAKING:**

**TRIPS AND TOURS:**

**FIELD AND BUYING TRIPS:**

**SECTION 2**

**EXPERIENCES IN MY 4-H ACTIVITIES (CONTINUED)**

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**JUDGING EVENTS:**

**COUNTY ACTIVITIES:**

**WORKSHOPS ATTENDED:**

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**SECTION 3**

**4-H PROMOTION ACTIVITIES**

**Describe 4-H promotion activities you participated in including TV and radio appearances, talks, news stories, and displays. Be sure to indicate the subject and scope (local, state, national) of the event.**

**EXAMPLE: Recorded a 15 second “4-H is Fun” radio spot at Citizenship Washington Focus to be used for state wide 4-H promotion.**

**Talked about raising animals and demonstrated beef showmanship for a local morning TV news program.**

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NAME \_\_\_\_\_ CURRENT YEAR \_\_\_\_\_

**SECTION 5 LEADERSHIP EXPERIENCES IN 4-H GROUP WORK OR OTHER 4-H CLUB WORK**

List important things you have done in your 4-H club as an individual or in cooperation with others in securing new 4-H members, planning 4-H programs, leading discussions, helping younger members, and other 4-H events.

<b>YEAR</b>	<b>PROJECT OR CLUB</b>	<b>NUMBER YOU ASSISTED</b>	<b>RESPONSIBILITY OR ASSISTANCE GIVEN</b>
<b>EXAMPLE 2000</b>	Electricity	5	Taught first year members how to correctly solder their projects.

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**SECTION 6 EXPERIENCES IN 4-H CITIZENSHIP AND COMMUNITY SERVICE**

List your citizenship and community service participation in 4-H. Include such things as community fairs, service projects, club fundraisers, and senior citizen activities.

<b>YEAR</b>	<b>TYPE OR PROJECT OR ACTIVITY</b>	<b>YOUR RESPONSIBILITY</b>
<b>EXAMPLE: 2000</b>	Local 4-H club visited nursing home	Provided refreshments and visited with patients

**SECTION 7 EXPERIENCES OTHER THAN 4-H.**

**Include participation, leadership roles, and honors received in school, church, and community activities.**

**SCHOOL:**

**CHURCH:**

**COMMUNITY:**

**4-H MEMORY BOOK CHECK LIST & SCORE CARD**

- CONTENTS:**
- 1. TABLE OF CONTENTS PAGE**
  - 2. INFORMATION RECORD SHEET**
  - 3. SECTIONS 1 - 7**
  - 4. STORY OF 4-H YEAR**
  - 5. SPECIAL INFORMATION**
  - 6. MY RECORD OF 4-H ACHIEVEMENT FORM 4-H 620**

**ARRANGE MEMORY BOOK AS FOLLOWS:**

- 1. \_\_\_\_\_ TABLE OF CONTENTS**
- 2. \_\_\_\_\_ INFORMATION SHEET**
- 3. \_\_\_\_\_ SECTIONS 1 - 7**
- 4. \_\_\_\_\_ STORY**
- 5. \_\_\_\_\_ SPECIAL INFORMATION**
- 6. \_\_\_\_\_ MY RECORD OF 4-H ACHIEVEMENT FORM 4-H620**

**COMMENTS** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SUMMARY:**

**NEATNESS OF WORK** \_\_\_\_\_

**ATTRACTIVENESS OF DISPLAY** \_\_\_\_\_

**THOROUGHNESS OF CONTENTS** \_\_\_\_\_

**NAME** \_\_\_\_\_ **TOWNSHIP** \_\_\_\_\_

**DIVISION** \_\_\_\_\_ **PLACING** \_\_\_\_\_