

Microwave Project Requirements

County level project

Project check-in is prior to the fair, watch for information on judging or check with your club leader.

The Microwave Magic Project contains exciting youth activities that focus on using the microwave to prepare everything from simple snacks to complete meals. The materials are designed for students in Grades 3-12, the series. Each learner guides has activities focused on the following: Techniques and Utensils, Nutrition, Food Preparation, and Meal Preparation.

Exhibit Requirements at all levels:

- Food item corresponding with your level
- Recipe Card
- Completed record sheet
- Completed manual (Levels A-D must have a minimum of three activities completed each year, each activity should be from a different category)

Food items by level:

Level A Grade 3- Microwave snack

Level A Grade 4- Fudge

Level B Grade 5- Bar cookies

Level B Grade 6- Upside down cake

Level C Grade 7- Fruit Crisp

Level C Grade 8- Coffee Cake

Level C Grade 9- Candy

Level D Grade 10- Quiche

Level D Grade 11- Pie

Level D Grade 12- Jam or Jelly

Record sheets, manual information, and score cards available at:

<https://extension.purdue.edu/4h/Pages/project.aspx?proj=37>