

Indiana Bicentennial Walking Challenge

For Switzerland County

Purdue Extension- Switzerland County wants you to join in the celebration of the Indiana Bicentennial and get healthy while doing it!

On September 8, 2016 a torch designed by Purdue University Engineering Students will begin a relay in Corydon, IN across all 92 counties in Indiana to celebrate our 200th year of statehood. The route is 2,300 miles long and we are challenging you to walk it starting...now!

If you would like to participate you can log your steps from your smartphone, fitbit like device or pedometer on the provided sheet and turn it in to the extension office. You can register your family, co-workers or friends as a team (6 people or less) to make it the entire route. Together as a county we can easily make it the 4.6 million steps, the length of the relay, by walking a recommended 10,000 steps per day. The challenge will run from June 22nd to September 8th, the beginning of the Torch Relay. Competitors will all receive a weekly newsletter via email featuring healthy living recipes, bicentennial history facts and the current leaderboard!

The person and team that logs the most steps will win a healthy living gift basket and lunch at the courthouse on us!

To register fill out the following fields and return to the extension office or email a scan to switzcowalkingchallenge@gmail.com

COMPETITOR NAME	
COMPETITOR EMAIL	
INDIVIDUAL OR TEAM NAME	
TEAM MEMBERS	TEAM MEMBER EMAILS
1.	
2.	
3.	
4.	
5.	
6.	