

# Bowling

4-H'ers can develop the bowling skills and life skills such as sportsmanship, communication, and problem solving. To complete this project they should complete the record sheet and prepare an exhibit for the Marion County Fair.

All Levels: Prepare a poster that reflects what you have learned about bowling. YOU should choose a different topic each year. Suggested topics include, but are not limited to:

4-step delivery

Safety features

Bowling terminology

Scoring

Spot bowling

Line bowling area and pin bowling

Bowling etiquette

Adaptive bowling for those with disabilities

Careers related to bowling

Physical benefits of bowling

Equipment needed for bowling

OR

A typed 200-400 word report on one of the following topics:

"Good Sportsmanship and Bowling"

"How I improved My Bowling Abilities"

"Historical Highlights of Bowling"

Poster projects must be 22" x 28" mounted HORIZONTALLY (only) with a firm backing, and must be covered with clear plastic or other transparent material (not cellophane wrap) to protect the exhibit. The title should be placed according to project exhibit requirements or use your creativity when requirements are not specified. Be creative in your color selections unless the project description requires white poster board. (Read project requirements completely.)

Backing: A stiff backing is required; any material that will support the poster so it will not bend. Examples: Very stiff cardboard, foam core, plywood, or Masonite 1/8" thick. CAUTION! Pre-cut commercial foam core that is not 22" x 28" is not acceptable for fair displays. The Extension Office offers poster board and coverings for sale. Mounting Adhesive: Rubber cement is the best form of adhesive; it does not leave marks and will not wrinkle paper. White glue should be used only in cases where wrinkling or damage will not occur. Double stick tape is best for mounting

leaves. Exhibit Tag: The exhibit tag is affixed in the lower right-hand corner of the poster and displayed where applicable. It is approximately 2"x 4".

It is required that all posters, notebooks, and display boards include a reference list indicating where information was obtained, giving credit to the original author, to complete the 4-H members exhibit. This reference list should/might include website links, people and professionals interviewed, books, magazines, etc. It is recommended this reference list be attached to the back of a poster or display board, be the last page of a notebook, or included as part of the display visible to the public. A judge is not to discredit an exhibit for the manner in which references are listed.

Attach record sheet to the back of your poster or include as last page of written report. Written reports should be placed in a report cover or 3 ring binder with the exhibit tag on the lower right corner of the outer cover.

**Cloverbud** (Mini 4-H grades K-2) No record sheet required. Cloverbud posters are 22" X 14".

**Level 1** (grades 3-5)

**Level 2** (grades 6-8)

**Level 3** (grades 9-12)



Year \_\_\_\_\_

## Marion County 4-H Bowling Project

Name \_\_\_\_\_ Grade \_\_\_\_\_

4-H Club \_\_\_\_\_ Township \_\_\_\_\_

I have reviewed this record and believe it to be correct.

Signature of Leader \_\_\_\_\_ Date \_\_\_\_\_

Write here brief outline of major things you have accomplished this year in this project, and experience gained: \_\_\_\_\_

\_\_\_\_\_

New thing I learned this year were: \_\_\_\_\_

\_\_\_\_\_

How have you helped others to learn about this project? \_\_\_\_\_

\_\_\_\_\_

Demonstrations I gave pertaining to this project (if any):

Subject \_\_\_\_\_ Date Given \_\_\_\_\_

Where given \_\_\_\_\_

How many games did you participate in? \_\_\_\_\_

Write a paragraph on sportsmanship and about what you learned in bowling:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_