

IOPO "Threads of Compassion" Program

IOPO needs people to knit or crochet shawls for their donor families. Offering the shawl expresses compassion at a time when there are no words to say. It's like giving a hug. While in the hospital donor families have the shawl to wrap themselves in. They have something to take with them, which may help fill the void of leaving their loved one. IOPO is planning to give a shawl to the person listed as the legal next of kin and in case of a split family they would give a shawl to each. In the long run they would like to give a shawl to all of the donor families meaning both organ and tissue. For now they will focus on organ donor families. The goal is 300 shawls.

Patterns are available from your county president or the Extension Office.

If you have any questions, the contact at IOPO is:

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IOPO will pick up the completed shawls if you are in the Indianapolis area. Others will need to be mailed or delivered if someone is willing to take them. If mailed, please enclose a postage receipt for reimbursement if you want reimbursed.

IOPO

Threads of Compassion

Knitting Directions:

Together...we make a difference

Suggested Yarn: any 4 ply or Boucle – Lion Brand Homespun, Bernat Boucle, Red Heart Light-N-Lofty and Baby Clouds (make sure all skeins have the same dye lot) * Lion Brand Homespun tends to unravel when cut fringe may need to be knotted at the end*

Quantity of Yarn: 4- 6oz skeins 185 yards making a total of 740 yards

Needle Size: # 11 needles (create a denser shawl); # 13 Needles (creates looser, less definable pattern)

Cast On: If using 13 needles, cast on 51 stitches; for size 11 needles cast on 57 stitches. Any odd multiple of three will work for your shawl, depending on how wide you want to make the shawl: 51, 57, 63, 69 and so on. It is suggested when casting on to go up a size on the needle. Be sure to go up a size when casting off as well. This will give you a looser edge. * adjust needle size and the stitches to yarn and style of knitting*** If using Boucle type yarn, JUST KNIT, as the K3, P3 pattern does not show in this type of yarn**

Suggested Shawl Size:approximately 24" to 34" wide by 65" to 70" in length (without fringe)

Pattern 1:

Every Row: k3, p3, to end (ending on k3). This pattern is a modified seed or moss stitch. To give the outside edge of the shawl a smother finish, you may want to begin every row by slipping the first stitch purlwise; yarn will be in front of your work. Then carry the yarn back and K2 and continue with the pattern to the end of the row. Follow this pattern until you are at desired Length 60"-65"

Because some types of yarn do not show the 3 stitch pattern, you may choose to knit every row, which is called a garter stitch. When adding a new skein of yarn, do so in the body of the shawl instead of an edge, so the ends do not show. Weave the ends into the knit part of the shawl, cutting off the excess. When casting off, you may wish to go one up in needle size as you did when casting on. When complete add fringe.

Pattern 2:

Row 1: (right side) Purls; **Row 2:** *(k1, p1, k1 all into next stitch) repeat from *to end of row; **Row 3:**Purl;**Row 4:** *(p3 together; k1, p1, k1 all into the next stitch) repeat from * to end of row

This creates a popcorn stitch. Continue 4 row pattern to desired length and cast off on purl side. When casting off, you may wish to go one up in needle size as you did when casting on. When complete add fringe

Crotchet Directions:

Suggested Yarn: any 4 ply or Red Hart, Caron, I love this Yarn

Quantity of Yarn: a total of no less than 28 to 32 ounces (make sure dye lots all match)

Suggested Size of Shawl: Approximately 24" to 34" wide by 65" to 70" in length (without fringe)

Pattern 1:

Needle Size: J or K Hook

Chain 56 stitches, or desired width of shawl. *Chain 1, turn, single crotchet in each of the stitches to end. Chain 3 and turn. Double crotchet on top of each single crotchet. Repeat this row 2 more times. Chain 1 and do 1 row of single crotchet to end. Chain 3 and turn. Do 3 rows of double crotchet. Repeat pattern to end (1 row single, 3 rows double) end with 1 row of single. Finish with fringe.

Pattern 2:

Needle Size: J or K hook (24" with worsted) chain 72

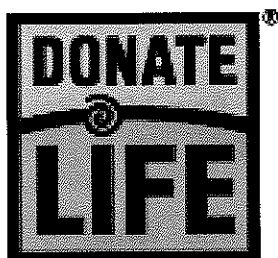
Same pattern used for all sizes – it is worked in multiples of 3 + 1, so you can adjust the number of chains to suit your taste or your tension (keep in mind suggested length and width).

Row 1: (dc, ch 2, sc) in fourth ch from hook, * skip next 2 chs, (2dc, ch 2, sc) in the next ch. Repeat from * across.**Row 2:** ch 2, turn. (dc, ch2, sc) in first ch 2 sp. (2 dc, ch 2, sc) in each ch 2 space across. Repeat row 2 until you have about ½ skein of yarn left. Do not finish off.**Last Row:** Ch 2, turn, *sc in first ch 2 sp, ch2. Repeat from * across and end with sc. Finish off the fringe.

Fringe Directions for Crotchet or Knit:

The fringe is an individual preference. The length can be long or short. May use one or two strands per stitch. Fringe can be placed in every stitch, or skip several stitches. Be creative!When deciding the length of fringe, remember to make it twice the desired length, as it is doubled when you fasten it to the shawl. (6" fringe, each piece must be 12"; 12" fringe each piece must be 24") Cut as many lengths as you have stitches on your needles (double that if you are using 2 strands per fringe). A stiff piece of cardboard cut to the finish length of the fringe helps with this process. Wrap the yarn around the cardboard as many times as you want pieces of fringe, and cut only one end.Place shawl on a flat surface, attach fringe to the cast on or bound off edge facing you. Using a small crotchet hook, fold strand in half, pull the loop through the stitch; insert the ends of the fringe through the loop and pull tight, creating a knot. If you are using a yarn that frays easily, consider knotting the ends of the fringe. Repeat for the other end of the shawl.

Tip: cut fringe before you start your shawl and store baggie until the shawl is complete.



*It is not what we get, but who we become.
We make a life by what we give*