

SOLID WASTE CHECKLIST

BRING WITH
PROJECT

Complete each year of this project.

How many of these things do you and your family practice? Place an "x" in the appropriate column for those practices you and your family do on a regular basis. There is room to add some of your own.

Date Completed

By

	I do now	I do some-times	I might do	I don't want to do	I can't do
1. Use paper plates and cups instead of plastic.					
2. Use reusable plates and cups instead of disposable.					
3. Buy glass and aluminum containers instead of plastic.					
4. Write on both sides of paper before recycling it.					
5. Buy paper towels, napkins, and toilet paper made from 100% recycled fibers.					
6. Give used magazines to nursing homes and hospitals.					
7. Say, "Thanks, I don't need a bag," when buying small items.					
8. Purchase items in bulk to cut down on packaging.					
9. Buy eggs in paper rather than foam cartons.					
10. Buy juice in concentrate rather than big plastic containers.					
11. Use canvas bags at the grocery store.					
12. Leave grass clippings on the lawn to reduce yard waste.					
13. Make a compost pile in your yard and turn yard wastes into fertilizer.					
14. Save newspapers for recycling.					
15. Use plastic bags over and over.					
16. Use a lunch box or reusable lunch bag to school.					
17. Plant trees.					
18. Fix or recycle things instead of throwing them out.					
19. Donate outgrown clothes to others.					
20. Share or trade books and games with your friends.					
21. Use old panty hose to tie up tomato, pepper and other plants.					
22. Recycle used motor oil by taking it to a garage, auto parts store or hazardous waste collection.					
23. Turn out lights when leaving a room.					
24.					
25.					
26.					
27.					
28.					
29.					
30.					

Each of us can do our part in helping to reduce the amount of solid waste going into our landfills. After completing the checklist what habits did you and your family change?



4-H Recycling Record Sheet

This sheet is required with your exhibit.

Complete this each year you are in the project.

Year: _____

Name: _____ Age: _____ Grade: _____

Name of Club: _____ Year in 4-H: _____

I have reviewed this record and I believe it to be correct:

Club Leader Signature: _____ Date: _____

1. What activities did you complete this year for your project? _____

2. How has this project changed the way you think about recycling? _____

3. As a result of this project, what are you going to do differently? _____

4. What did you make for your 4-H exhibit? _____

5. Reference List (for example, Pinterest) _____

6. What was the original use for the main part of your exhibit? _____

7. What other recycled materials and techniques did you use to complete your exhibit? _____

8. How much time was required to complete your exhibit? _____

9. What was the total cost of materials in your exhibit? _____

10. How will I use or display this article? _____

This sheet is required with your exhibit.