



MICROWAVE COOKING CHECKLIST

_____ Complete at least 3 activities in appropriate Microwave Magic Manual (Levels A,B,C,D), each from a different “bite” category. Answer all questions in manual related to chosen activities. Turn in to club leader for his or her review.

_____ Fill out Achievement Sheet (found in manual) and Microwave Magic Record Sheet and turn in to club leader for his or her signature.

_____ Create fair exhibit according to requirements in appropriate manual and Elkhart County 4-H Handbook.

_____ Fill out a recipe card no larger than 5 ½” x 8 ½” and bring it with finished product to project check-in.

Resources available in Extension Office: Microwave Magic Level A Manual—Bag of Tricks (4-HCCS BU-08087, grades 3-4), Microwave Magic Level B Manual—Micro Magicians (BU-08088, grades 5-6), Microwave Magic Level C Manual—Amazing Rays (BU-08089, grades 7-9), Microwave Magic Level D Manual—Presto Meals (4-HCCS BU-08090, grades 10-12), Microwave Magic Record Sheet (4-H 8087a-W, 4-H 8087b-W, 4-H 8088a-W, 4-H 8088b-W, 4-H 8089a-W, 4-H 8089b-W, 4-H 8089c-W, 4-H 8090a-W, 4-H 8090b-W, 4-H 8090c-W), Elkhart County 4-H Handbook, www.extension.purdue.edu/elkhart, www.extension.purdue.edu/4h/Pages/projects.aspx
4-H Microwave Project Grid, *Microwave Magic Helper’s Guide (4-HCCS BU-08091), Recipe Card

*Items available for sale; contact Extension Office for current prices

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