



# Spencer County 4-H Create-a-Mix Project



This project is designed to allow the use of a purchased box mix as one of the ingredients in a recipe. The finished product cannot be the result of making the product from the box instructions. The box mix has to be used with other ingredients to create a new product. You may create your own recipe or use suggestions from a box mix, cookbooks, etc.

***Baked exhibits must be non-perishable. Filling, frosting, glazing, pie filling and meringue whether cooked or uncooked, are not permitted to contain cream cheese, whipped cream, unpasteurized milk or eggs/egg whites. Pasteurized eggs or eggs cooked to 160 degrees F may be used. No home-canned fruits, vegetables or meats are permitted in products. Recipes must be provided that show which ingredients were used in each part of the product. You must carefully wash your hands and make sure that your hands do not have any open cuts before preparing foods. Whenever possible, baked products should be transported and stored in chilled coolers (41 degrees F).***

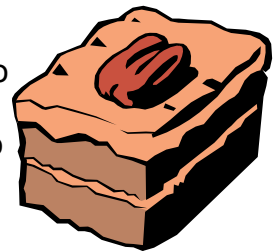


## **Beginner—Grades 3-5**

Using a mix, create your own six (6) baked cookies or six (6) baked brownies (non-perishable). Use at least two (2) other ingredients in addition to those called for in the mix. Start a recipe file box with at least three (3) different dated recipes on any size card. Each year you will add at least three (3) more dated recipes.

## **Intermediate—Grades 6-8**

Using a mix, create your own cake or bread (non-perishable). Use at least two (2) other ingredients in addition to those called for in the mix. Start a recipe file box with at least three (3) dated recipes or add at least three (3) recipes to the box started the previous year.



## **Advanced—Grades 9-12**

Using a mix, create a non-perishable product. Use at least two (2) other ingredients in addition to those called for in the mix. Start a recipe file box with at least three (3) dated recipes or add at least three (3) recipes to the box from the previous year. Note: Originality and uniqueness of recipe will also be taken into consideration when judged in the advanced division.

**ALL DIVISIONS: A recipe card should accompany each baked item exhibited. Underline the two (2) or more ingredients you added to the box instructions. Include brand name of the box mix used. You will also exhibit your recipe box.**

