

Microwave Magic Level A Year 1 Record Sheet

Name _____ Grade _____ Year _____

Name of Club _____ Year in Club Work _____

County _____ Township _____

1. List three new things you learned using the microwave.

2. What types of cookware are recommended for use in the microwave?

3. List at least two safety tips you practiced while completing your project.

4. Did you give a demonstration on your microwave project? _____ Yes _____ No

Name of demonstration _____

5. List the foods you prepared in the microwave this year.

Food Prepared	Number of times prepared	Amount prepared	Total cooking time

6. Write in the number of times you completed these activities.

Activity	Number of Times
Tried new recipes	
Set table	
Helped serve family meals	
Cleaned up kitchen	
Shopped for groceries	
Put away groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper _____ Date _____

Microwave Magic Level A Year 2 Record Sheet

Name _____ Grade _____ Year _____

Name of Club _____ Year in Club Work _____

County _____ Township _____

1. How do you think you have helped yourself and your family by taking this project?

2. How does microwave energy cook food? How is it different from cooking on top of the stove?

3. What is the purpose of using different power levels while cooking?

4. Did you give a demonstration on your microwave project? Yes No

Name of demonstration _____

5. List the foods you prepared in the microwave this year.

Food Prepared	Number of times prepared	Minutes prepared	Total cooking time

6. Write in the number of times you completed these activities.

Activity	Number of times
Tried new recipes	
Set table	
Helped serve family meals	
Cleaned up kitchen	
Shopped for groceries	
Put away groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper _____ Date _____