



Completed (40 possible)	_____
Accuracy of answers (30 possible)	_____
Appropriate grammar (15 possible)	_____
Neatness of record (15 possible)	_____
Total	_____
A = 86-100 points	
B = 71-85 points	
C = 70 points or less	

# 4-H Sports & Recreation Level 3 (Grades 9-12) Record Sheet

Record for Year \_\_\_\_\_

A completed record sheet is due by the last business day of June to exhibit each project at the fair.  
Use any 4-H publications, the internet, the library, or a professional to help you prepare your responses.

## The Basics

Name \_\_\_\_\_ 4-H Club \_\_\_\_\_

Years in 4-H \_\_\_\_\_ Grade \_\_\_\_\_ Years in Project \_\_\_\_\_

## Gaining Momentum

Choose the sport or recreational activity of your choice and report on it below.

Sport/Activity:	
Is it competitive?	
Inventor of the sport/activity, if applicable:	
Year it was invented or era it became popular:	
Number of players or participants:	
Clothing worn:	
Safety equipment needed, if applicable:	
Other equipment or gear used:	
Facility or setting where it takes place:	
Closest facility or setting to your home:	

## Achieving Success

There are many athletic “hopefuls”—people who hope to make a career out of their sport. While many people enjoy sports and recreational activities, not everyone can become an NBA star, a World Cup champion, a Super Bowl hero, or a US Olympian, but many people can obtain careers related to sports and recreation. List two careers related to each category below.

2 careers related to organized sports:		
2 careers related to recreational activities:		

Choose one of the careers listed above. Name three colleges or universities in which you could study in pursuit of that career. Career of choice from above: \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What is the estimated salary earning of the career you chose? \_\_\_\_\_

Is there a place in our community in which you could hold that job? If so, where? If not locally, is there a place in Indiana in which you hold hat job? If yes, where in Indiana? \_\_\_\_\_

Provide a brief description of your 4-H exhibit or plan for your exhibit.

---

---

### **Rising Like a Champion**

We often think of sports and recreational activities as ways to improve our physical body. In what ways do sports and recreational activities improve our mental or emotional health? \_\_\_\_\_

---

Why is it important to encourage others to be physically active and participate in things like sports and recreation? \_\_\_\_\_

---

What is one thing you learned or sparked your interest as a result of completing this project? \_\_\_\_\_

---

---

In what way does this project apply to your life, or why is this subject matter important to you? \_\_\_\_\_

---

---